### **Employment**

Job Title Postdoctoral Associate, Overturning in the Sub-Polar North Atlantic Programme (OSNAP)

Period May 2022 - present

Employer Rosenstiel School of Marine and Atmospheric Science, University of Miami

#### Education

Degree PhD Physical Oceanography

Institution University of Southampton

Period September 2017 – April 2022

Title A reconstruction of the Atlantic meridional overturning circulation at 26°N

Supervisors Dr Gerard McCarthy, Dr Jenny Mecking, Prof. Bob Marsh

Degree MSc Oceanography (Physical Oceanography and Climate Change), Distinction

Institution University of Southampton

Period September 2016 – September 2017

Dissertation Estimating the Deep Overturning Transport Variability at 26°N Using Bottom

Title Pressure Recorders

Supervisors Dr Eleanor Frajka-Williams, Dr Gerard McCarthy

Degree **BSc Mathemetics**, First Class Honours

Institution The Open University

Period October 2008 - May 2016

### **Publications**

- Worthington, E.L., Moat, B.I., Smeed, D.A., Mecking, J.V., Marsh, R., Mc-Carthy, G.D.. A 30-year reconstruction of the Atlantic meridional overturning circulation shows no decline. *Ocean Science*
- 2019 **Worthington, E. L., Frajka-Williams, E., & McCarthy, G. D.**. Estimating the Deep Overturning Transport Variability at 26° N Using Bottom Pressure Recorders. *Journal of Geophysical Research: Oceans*

## Seagoing Experience

- 2023 RAPID-MOCHA-WBTS, R/V Endeavor.
  - Servicing RAPID/MOCHA western boundary moorings; ABACO line and 27°N CTD sections.
- 2022 **OSNAP Cruise 30**, R/V Neil Armstrong.
  - Servicing the OSNAP permanent mooring array in the East Irminger and West Iceland basins, and performing CTD sections.
- 2018 RAPID Cruise 174, RRS James Cook.
  - Servicing the RAPID permanent mooring array at 26°N. Additionally responsible for processed the underway VMADCP data using UHDAS software.

#### Conferences and Talks

- 2023 Oral presentation at IUGG 2023 meeting.
- 2023 Invited chair/co-chair for 2 sessions on *The Meridional Overturning Circulation* at IUGG 2023 meeting
- 2021 Invited webinar for Royal NIOZ
- 2020 Invited webinar for LOPS, IFREMER
- 2020 Oral presentation at AGU Ocean Sciences
- 2019 Poster presentation at EGU General Assembly
- 2018 Invited talk at Dept. of Geography Seminars, Maynooth University

# Supervisory Experience

- 2022-present Co-supervising PhD project at Maynooth University with Gerard McCarthy.
  - 2021 Co-supervised MSc project at Maynooth University with Gerard McCarthy.

### Teaching Experience

- 2019, 2020 Demonstrated Matlab practicals for Masters students
  - 2018 Taught basic geostrophy to Oceanography undergraduates
  - 2017 Planned and taught three hour-long mathematics support tutorials for Masters students taking module *Introduction to Physical Oceanography*
  - 2017 Demonstrated for MSc Oceanography module Large-scale Ocean Processes

## Other experience

- 2022 Invited reviewer for JGR:Oceans
- 2021 Invited reviewer for Ocean Sciences

- 2021 Invited reviewer for Nature Climate Change
- 2021 **CMIP6 Hackathon, JGI Bristol** A remote 3-day collaboration of ocean and climate scientists, testing proxies of AMOC variability in CMIP6

### **Awards**

2021 Ocean Observing Team Award, The Oceanographic Society